

Counseling CSLOs

De Anza College

Date: 09-13-2022

Student Services
CLP - Career Life Planning
CSLO CLPD005. - College Major and Career Options <ul style="list-style-type: none">Choose a college major and career option by analyzing a multitude of factors involved in career development such as: personality, values, skills, interests, attitudes, and family and culture. CLPD007. - Self-Assessment <ul style="list-style-type: none">Develop, and evaluate college major and career options by analyzing a multitude of factors involved in career development such as: personality, values, skills, interests, attitudes, and family and culture.Research and appraise college major and career options by utilizing various resources such as: the online resources and informational interviews. Demonstrates decision-making skills that include the multitude of factors shown in SLO Number One.
COUN - Counseling
CSLO COUND005. - Introduction to College <ul style="list-style-type: none">Identify potential majors, certificates, transfer institutions; understand eligibility requirements for AA/AS Degrees, Associate Degrees for Transfer (ADT) and general education as it applies to their academic goal.Students will be able to complete a Comprehensive Educational Plan according to their academic goals. COUND080X - Special Topics in Counseling <ul style="list-style-type: none">Demonstrate skills improvement from any or all of the following counseling related areas: academic, career or personal development. COUND080Y - Special Topics in Counseling <ul style="list-style-type: none">Demonstrate skills improvement from any or all of the following counseling related areas: academic, career or personal development. COUND080Z - Special Topics in Counseling <ul style="list-style-type: none">Demonstrate skills improvement from any or all of the following counseling related areas: academic, career or personal development.
HUMA - Human Development
CSLO HUMAD010. - Human Sexuality <ul style="list-style-type: none">Examine and synthesize the social, cultural and physiological implications in the field of human sexuality; and demonstrate the ability to analyze and respond to complex issues related to human sexuality in all assignments. HUMAD010H - Human Sexuality - HONORS <ul style="list-style-type: none">Examine and synthesize the social, cultural and physiological implications in the field of human sexuality; and demonstrate the ability to analyze and respond to complex issues related to human sexuality in all assignments. HUMAD020. - Life Skills for Higher Education <ul style="list-style-type: none">Synthesize and construct a plan with identified strategies to increase success in college and life. Plan includes topics such as: goal setting, time & money management, learning style, major/career selection and communication. HUMAD030. - Understanding and Managing Stress <ul style="list-style-type: none">Assess the student's perceived stress level based on their own life circumstances.Develop and apply stress management strategies that can be used to reduce their stress level.Distinguish and list the physiological symptoms when under stress and critique its impact on the body.