

General Psychology (PSYC 01)

Spring 2025, TTh 6:30-8:20 pm Synchronous [Zoom](#)

Quarter: Spring 2025

Instructor: Prof. Jeanette Tucker

Contact Information: tuckerjeanette@fhda.edu

Office Hours: By appointment- Zoom, please use the email above.

Course Description:

This introductory course provides an overview of the field of psychology, emphasizing the scientific study of behavior and mental processes. Topics include biological foundations of behavior, perception, learning, memory, cognition, motivation, emotion, developmental psychology, personality, psychological disorders, and social influences.

***4 units: 4 hours lecture**

The Student Learning Outcomes (SLOs):

1. Describe the ways in which psychology is grounded in the scientific method.
2. Demonstrate, by reference to supporting research, findings that underlie everyday knowledge and beliefs as they relate to psychology.
3. Create real life examples that show how psychology is present in many human endeavors.
4. Contrast the five (5) main models (cognitive, behavioral, psychodynamic, humanistic/positive, socio-cultural) used to explain psychopathology and treatment.

Required Textbook:

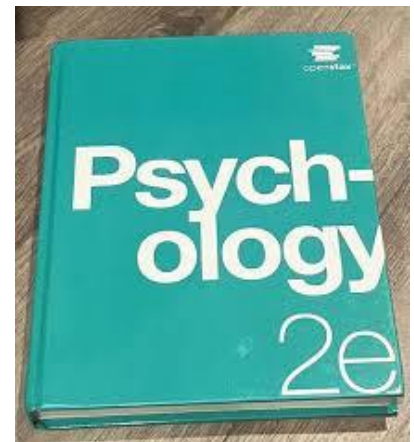
OpenStax: <https://openstax.org/details/books/psychology-2e>

*If you create an account, you will be able to highlight and save content in a better way.

*Here is the link to the [Amazon page](#) to order the physical copy- I believe you can do this through the bookstore as well.

Attendance:

Students are expected to attend class. All exams will be given during class time. No extensions or accommodations will be granted if absent without a doctor's note or other appropriate verification. All DSS accommodations will be honored.



*Note: The instructor may drop students from class for either of the following: failure to attend classes or failure to complete half the work assigned during the **first two weeks**.

Course Grade:

Weekly Chapter Quizzes: 10pt each = 100 pt total
Weekly Assignments: 3-5 pt each = around 55-65 pt
Midterm- SLO's 1 + 2: 25 pt
Final Reflection Paper: 25 pt
Final SLO 4: 10pt

Grading Scale:

A 90-100% B 80-89.9% C 70-79.9% D 60-69.9% F < 59.9%

EXAMS AND ASSIGNMENTS FURTHER EXPLAINED:**Weekly Classes/Assignments/Projects:**

Every week students will be presented with content in the format of PowerPoint lectures, videos, articles to read/discuss, and activities to participate in.

Quizzes:

Every Tuesday, students will take a quiz on the chapter from the week before. These quizzes will be administered during class time, ***you must have the sound ON and your camera ON while taking the test.*** Anyone needing extended time must arrange that in advance through the Disability Support Services Center. The quiz will be open-note, and through Canvas. There are four (4) optional quizzes throughout the quarter. You may take any of these to replace a lower or missed quiz score. They are only offered the week they are listed and will begin at 8pm on the day noted.

Midterm and Final Reflections:

You will be submitting a typed response for the Student Learning Outcomes (SLOs) as listed at the top of this syllabus. You will be asked to respond to SLO's numbers 1 (5 pt) and 2 (20 pt) for your Mid-term (total of 25 pt).

Your **FINAL** will be comprised of two parts:

1. You will be answering SLO #4 (10pt) (SLO #3 will be addressed in your discussions and activities each week).
2. Additionally, you will be writing a reflection paper. This will be a chance for you to connect a few parts of the content to yourself and give it meaning. The directions for that are posted on Canvas in greater detail.

Both your Mid-term and Final SLO's will be answered during class time, and submitted to canvas. There is no format requirement (meaning MLA or APA).

Midterm SLO #1 + #2 = 25pt

Final SLO #4 = 10pt

Final written paper = 25pt

Calendar of Topics, Assignments, and Quizzes

Week/Date	Agenda	Reading	Assignments
1 4/7-4/11 (Skip Ch. 3)	T- Introduction and review Ch. 1 Th- Review Ch. 2 and Activity	Chapter 2 - Research	Ethical Rankings
2 4/14-4/18 (Skip Ch. 5)	T- Quiz Ch. 2 , start Ch. 4 Th- Ch. 4 + Activity *Optional Ch. 3 Quiz	Chapter 4 - States of Conscious.	Sleep Video Addiction Reflection Drug Research
3 4/21-4/25	T- Quiz Ch. 4 Th- Review Ch. 6 *Optional Ch. 5 Quiz	Chapter 6 - Learning	Learning Worksheet
4 4/28-5/2	T- Quiz Ch. 6 , start Ch. 7 Th- Ch. 7 and activity	Chapter 7 - Thinking + Intelligence	Schema Worksheet
5 5/5-5/9	T- Quiz Ch. 7 , Start Ch. 8 Th- Midterm SLO's #1 + 2	Chapter 8 - Memory	Midterm: SLO's #1 and 2 Memory Worksheet
6 5/12-5/16	T- Quiz Ch. 8 , Start Ch. 9 Th- Ch. 9 and videos	Chapter 9 - Lifespan Develop.	Emerging Discus. Erikson Notes/WS
7 5/19-5/23 (Skip Ch. 11)	T- Quiz Ch. 9 , Ch. 10 Th- Ch. 10	Chapter 10 - Motivation + Emotion	Video Notes
8 5/26-5/30 (Skip Ch. 13)	T- HOLIDAY Th-Quiz Ch. 10 , Start Ch. 12 *Optional Ch. 11 Quiz	Chapter 12 - Social Psych	Video Notes
9 6/2-6/6	T- Quiz Ch. 12 , Start Ch. 14 Th- Ch. 14, Activity *Optional Ch. 13 Quiz	Chapter 14 - Stress + Health	Stress Worksheet
10 6/9-6/13	T- Quiz Ch. 14 , Start Ch. 15 Th- Share research in groups	Chapter 15 - Disorders	Disorder Research
11 6/16-6/20	T- Quiz Ch. 15 , Start Ch. 16 Th- Ch. 16, share about treatment	Chapter 16 - Treatment	Treatment Research
12 6/23-6/27	(no Tuesday) Thur 6:15-8:15 pm Quiz Ch. 16 + SLO #4 Turn in Final Reflection Paper	6:15-6:45: Quiz Ch.16 6:45-8:15: SLO 4	Final: SLO #4, and Personal Paper

ADDITIONAL SUPPORTS FOR STUDENTS

Instructor Suggestions:

If you are struggling with any aspect of this course, please email me, message me on Canvas, or stay after class to check in. I'm happy to give you some tips or pointers on how to study well, take notes, and be prepared.

Academic Dishonesty Policy: Academic integrity is essential to maintaining a fair and rigorous learning environment. Any form of academic dishonesty, including but not limited to plagiarism, cheating, fabrication, unauthorized collaboration, or facilitating dishonesty, is strictly prohibited. Students are expected to submit original work and properly cite all sources. Any violation of this policy will result in disciplinary action, which may include a failing grade on the assignment, failure in the course, or referral to the college's academic integrity committee for further consequences. Students who are unsure about what constitutes academic dishonesty should consult the instructor or refer to the college's academic integrity guidelines.

Student Success Center

Need help? De Anza's Student Success Center offers free online- and on-campus tutoring, plus workshops! Visit <http://www.deanza.edu/studentsuccess> for hours and information. Or just stop by to chat or sign up!

- Academic Skills Center for workshops in ATC 302
- General Subject tutoring in ATC 304
- Listening & Speaking and World Language support in ATC 313
- Math, Science and Technology tutoring in S43
- Writing and Reading tutoring in ATC 309

Student Success Center Resources are available online to all De Anza students on Canvas: <https://deanza.instructure.com/enroll/MAF7Y8>

Psychological Services

Psychological Services are available to help students, especially during the COVID-19 pandemic. Many problems of everyday living can be resolved through talking with friends,

family or someone we trust. However, there are times when seeking assistance outside of one's familiar environment can be helpful. Psychological Services are offering free Zoom appointments to all registered De Anza students. Typically, students are offered 10 free sessions throughout their enrollment at De Anza. However, due to the increased stress during the COVID-19 pandemic, the department's goal is to offer students additional counseling sessions, subject to availability. They offer individual (1-on-1) therapy, as well as group therapy. Their department is open M-Th: 8:30-5 and F: 8:30-2. For information on how to make an appointment, please visit the Psychological Services webpages at:

<https://www.deanza.edu/psychologicalservices/index.html>

