

## Intermediate /advanced Guitar Practice Log

NAME

|   |           |                             |              |             |       |                     |                       |
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| <b>Technique:</b> choose at least one exercise below for RH and LH, practice each from three to five minutes (list time spent with each exercise). for arpeggio, slur, and scales, also list which type practiced.  |           |                             |              |             |       |                     |                       |
| Sweeps/<br>Squeeze  | Arpeggios | scales/<br>independence ex. | Rest Strokes | Min. press. | Slurs | Other technique ex. | Metronome<br>speed(s) |
| <b>Assigned</b> exercises/pieces ( <i>2 minimum</i> ): _____<br>I Counted out loud as I played: Yes No<br>I stopped and corrected mistakes and/or slowed down when necessary Yes No<br>I was attentive to Right and left hand technique as I practiced Yes No |           |                             |              |             |       |                     | Time<br>(minutes)     |
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