

Date: _____ Goals for the day/week:						
Technique: indicate time spent on each category (you don't have to do them all every day--choose a couple, vary them from day to day)						
Minimum pressure	Squeeze tech/ sweeps	Chromatic scale	Natural note scale	Other (which?)	Metronome speed(s)	Time (minutes)
Assigned Chords/songs (which?):						
Current Assigned note-reading Exercises (2 minimum):						
Review Exercises (from previous weeks--1 minimum):						
I was attentive to right-hand position and technique			yes	no	Comments?	
I was attentive to left-hand position and technique			yes	no		
I pre-read the piece(s) clapping rhythms and/or saying note names:			yes	no		
I counted out loud as I played:			yes	no		
I isolated areas of difficulty, repeating until mastered			yes	no		
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