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| Date: _____ | | Goals for the <u>week</u> | |
| Major goal for today: | | | |
| Review "Seating Position" (p. 7): Comments/questions: | | | |
| Review "The Right Hand Position" (p. 12); Check RH position: remember , <i>no fingers touch the guitar top, and keep arch in wrist!</i> | | | |
| Review "The Left-Hand Position" (p. 14); Check LH position: remember , <i>our thumbs remain behind the guitar's neck! Play from tips of fingers, keeping them curved</i> Comments/questions: | | | |
| RH "scratch," individual fingers (see instructions): | | time spent: | |
| Review "The Thumb Free Stroke" (p. 13) comments/questions: | | | |
| Thumb free strokes on open strings | | Time spent: | Metronome speed: |
| Natural note scale with "p" and minimum pressure (see instructions): | | Time spent: | Metronome speed: |
| New assigned note-reading exercises (2 each day) | | | |
| Pre-reading the music (short sections) | | | |
| I read/clapped rhythms out loud (with metronome) before playing: yes no | | | |
| I pointed at, and said note names aloud before playing yes no | | | |
| I visualized each note's position on the instrument before playing yes no | | | |
| 1 st exercise Ex.# _____ Comments(difficult areas, accomplishments): | | Time spent (incl. pre-read): | Metronome speed |
| 2 nd exercise Ex. # _____ Comments: | | Time spent (incl. pre-read): | Metronome speed |
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