

The Secrets to A Successful Romantic Relationship are Revealed

Relationships, you just cannot live with them, but you certainly cannot live without them. They are a very important aspect in our everyday lives. Within the first initial meeting between two people, physical attraction is typically first to be judged, and following that is their personality. This can truly determine the capability of a romantic relationship. Depending on whether their personalities click, can allow for them to build more in the relationship than just having that physical attraction. As my own boyfriend, Jack Brown, mentioned, "Your personality and kind way of being is what led me to pursue you as a romantic partner." He found that me being a caring and funny person, that he could have good company with, was what attracted him to me. In some cases, when physical attraction is not solely what has brought the two people together, their personalities can be used to get the other person to see them as attractive. In my dad's experience, when he was younger, he did stand up at a comedy club, and he was able to use his sense of humor to attract his future wife, my mom. He says that humor is the key to getting women because a cheesy pick up line can only work once, but a comedic personality will always work because it is a part of who you are. Showing your true self to another person from the start can lead to a feeling of secureness and a sense of commitment.

In a romantic relationship, commitment is one of the strongest features that holds it together. Without it, there is no sense of a relationship. It is purely based on sexual desire. It is more comfortable, safe, and enjoyable to have a partner that you are committed to, simply because you can feel a true sense that someone loves you and you love them both physically, and mentally. "It is not worth the effort to sleep around with someone that you may not have strong feelings for, and vice versa, because in the end someone is going to get hurt", as said by my good friend, Katherine Lin. When you have that commitment in a relationship you can do so much more with it. There are many more possibilities in forwarding the relationship such as; moving in together, taking a vacation somewhere, or just experiencing something new. In an interview with Mark Brown, my boyfriend, he mentioned that he felt like the commitment in our relationship was truly solidified when we decided to get an apartment together. When taking such a big step in a relationship, it is essential to have trust.

Just because you may be in a committed relationship, does not always mean that there is trust. This, unfortunately, is a large contributor to the commonly known statistic that almost half of all marriages end in divorce in the United States. In some cases, people marry one another during the "limerence" period of their relationship in which there is pure lust. These marriages then decline once they have hit past the initial six months then resulting in the couple losing interest in one another or finding someone new. Before a couple can take a leap such as marriage there should be trust that has been established early on to continue having a healthy developing relationship. When a couple has trust within each other, they feel closer and secure which allows for them to have much less conflict. It becomes easier for each partner to have their independence while still feeling a sense of togetherness. My dad says that, when you trust your partner you feel a greater sense of love, commitment, and even respect from them.

Respect is among the many key aspects in a healthy romantic relationship. After you have established that there is some sort of connection between one other, it is essential to show that you have respect for that person. It may be shown through courtesy, such as pulling out their chair, or paying for a meal. As a relationship progresses, respect becomes even more important. Taking a large step such as having your partner meet your parents also shows that you have respect for them. My dad stated that by doing so "you are showing that you see them as a good person that you are committed to, and could possibly be "the one." In some relationships being respectful can be difficult and create conflict. For instance when one partner wants to be with friends while the other just wants to be alone with them can create conflict. It is in this type of situation, the partners should be respectful of one another in allowing them to do what makes them happy.

Ultimately, romantic relationships take time and effort. It is important to stay true to who you are and be able to express your personality that allows for an open relationship. Among that is the importance of trust, commitment, and respect. A relationship will grow strong when there is trust between the two partners. It will show that there is commitment to be together, that there is a powerful love connection, and most importantly that there is respect for one another.